

2019 SWIMMING AT SNOWDEN BRIDGE

SWIMMING LESSONS - SSA is wholeheartedly committed to aquatic education and drowning prevention. For all the recreational fun and health benefits water provides, the dangers of water for non-swimmers persist. It is our deepest desire to equip all children and adults in our community to be safe in and around water. We specialize in teaching swim lessons to children and adults of all ages and ability. Visit us on the web at www.ssaswim.com for our full story!

BABY SPLASHER (AGES 6-36 Months): Parents will safely work with their children as they learn the skills to prepare them to learn how to swim. In-water participation by parent is required for each child.

CLASS TIME: 5:00-5:30pm

SPLASHER I- This level is geared to building confidence in the water. Focus will be on blowing bubbles, floating and kicking on the front and back with support, learning breath control, swimming with face in the water and an introduction to various arm and leg actions. (NOTE: If your child is NOT comfortable putting and keeping their face in the water for at least 3 seconds, they will fit in this class.)

CLASS TIME: 11:30-12:00pm OR 5:30-6:00pm

SPLASHER II- Participants learn supported floats on their front and back, recovering to a vertical position, front and back glides, and swimming on front and back using a supported combined stroke for 5 yards. (NOTE: Child must be able to comfortably put their face in the water to be in this class.)

CLASS TIME: 11:00-11:30am OR 6:00-6:30pm

SESSION DATES:

I: 6/3/19 – 6/13/19

II: 6/17/19 – 6/27/19

III: 7/1/19 – 7/11/19 ****7 class session**

IV: 7/15/19 7/25/19

V: 7/29/19-8/8/19

***Classes run Monday-Thursdays for two week. No refunds for missed classes, makeups may be given for excused absence. If classes were cancelled due to inclement weather or pool closures, excused absences will be issued with makeup options.*

RATES:

GROUP: \$88 RESIDENT \$93 NON RESIDENT

***BABY GROUP CLASSES ARE \$80 RESIDENT; \$85 NON RESIDENT*

SEMI PRIVATE: \$140 RESIDENT \$150 NON RESIDENT

PRIVATE: \$200 RESIDENT \$210 NON RESIDENT

**There is a one time \$25.00 registration fee per child*



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To register please visit <http://www.supersplasheraquatics.com/#!snowden-bridge-swim-lessons/c21d7>